

Arabian Horse Association SM
Competitive Trail Ride PULSE CHECK

Either a Stethoscope or a hand held heart rate monitor (HRM) may be used, but may not be mixed at any one check point.

Stethoscope - Use 15 second count for recording.

HRM - Use actual count at 15 seconds – do not divide by 4 .

Date:										
Rider #	Day I <input type="checkbox"/>					Day II <input type="checkbox"/>				
	1	2	3	4	5	1	2	3	4	5
10 min. check TIME		20 min. recheck TIME - if required (dont forget to extend riding time by 10 minutes)								
Outgoing 10 Minute check (1st check)		20 minute Recheck – if required								
Steth count OR HRM count		Steth count			OR			HRM count		
PULSE FROM THE FIRST CHECK IS TO BE SCORED. (Even if a 20 minute recheck is required)		PULSE FROM THE RECHECK IS NOT SCORED – A 5 POINT <u>PENALTY</u> DEDUCTION IS TO BE ADDED If horse fails to meet criteria at recheck the horse is disqualified.								
Vet time out:										
Remarks:										

AHA 0972 (Rev. 2/03)

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