## Hunter Seat AATR

Enter the arena, halt.

Drop stirrups (Stirrups may be crossed at withers)

Turn right. Complete a four loop serpentine to end of the arena. The first two loops at the rising or posting trot on the correct diagonal. The second two loops at the canter, on the correct lead, demonstrating a simple change of lead through the walk.

At the end of the arena halt. Gather your stirrups.

Walk forward approximately 20 yards/meters and complete a turn on the haunches right. Walk back to the centre line.

Canter, right lead (counter canter). Complete a half circle left to center of arena, in counter canter. Complete a half circle right, maintaining the correct lead, lengthening the stride through the circle and down the side of the arena.

Half way down the side of the arena Halt. Rein back 4 to 5 steps.

Continue at the sitting trot. At centre line pick up the rising or posting trot. Demonstrate a lengthening of stride.

Before the end of the arena, transition to the walk. Walk out.



