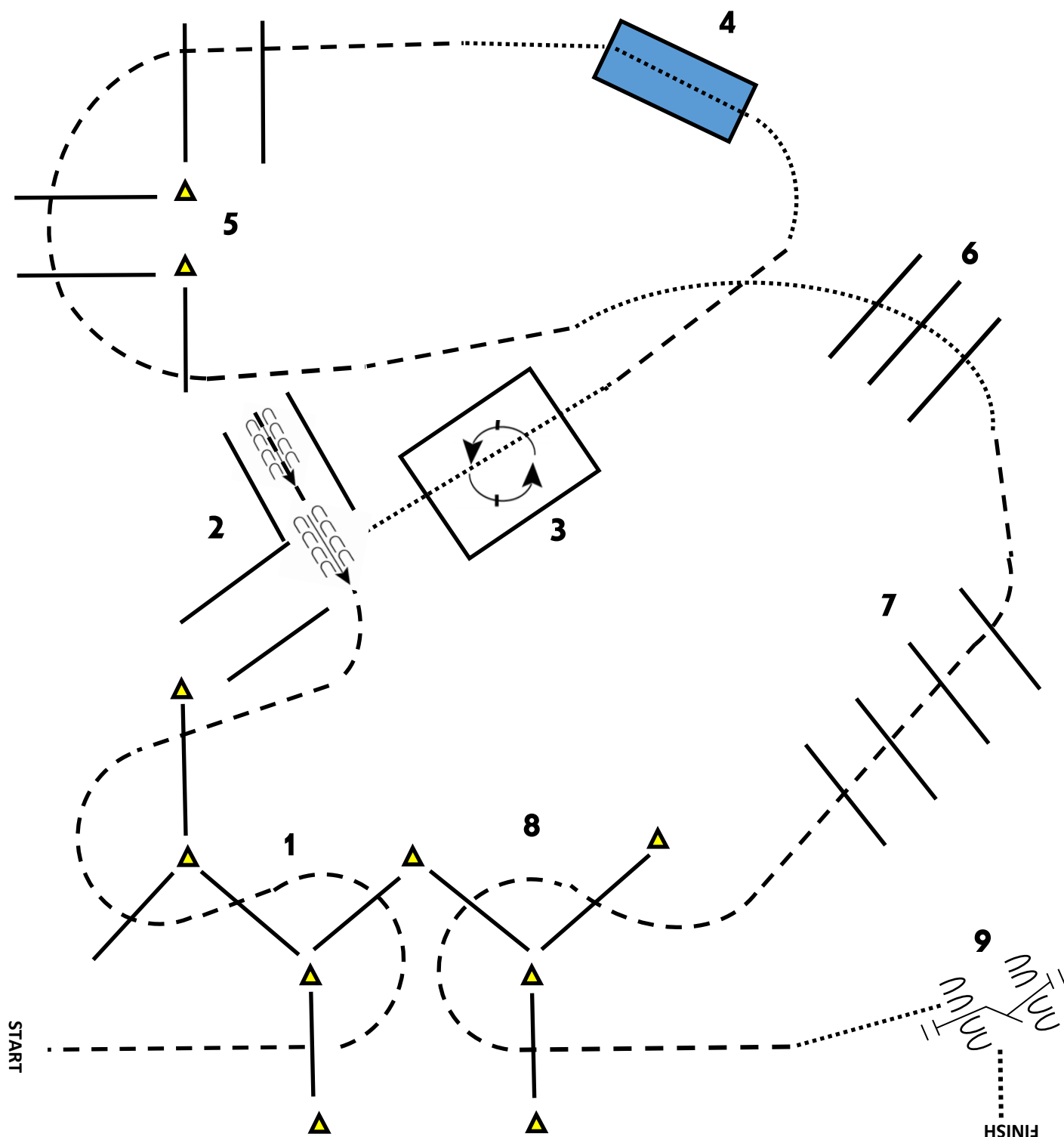


1. Jog Y serpentine
2. Jog into chute and back straight then turn right
3. Walk into box do 360 either direction and walk out
4. Jog then break to walk over bridge
5. Jog over poles
6. Break to walk over poles
7. Jog over poles
8. Continue to Jog thru Y serpentine
9. Break to walk to right hand walk through gate turn and walk out to finish



1. Jog serpentine 2. Break to walk over poles 3. Jog over poles 4. Continue to jog over poles 5. Break to walk or stop and walk over bridge 6. Jog over poles 7. Jog to left hand walk thru gate then 180 TURN to right 8. Walk into box and do 360 left walk out over poles 9. Walk into chute then back STRAIGHT then jog out over poles to finish

